

However, there is a daily set of posts, giving real life to life at sea right now, where the XO of the USS RUSSELL (DDG-59) has a few crew members who are blogging the "stuff" of life at sea, as they head west across the vast reaches of the Pacific Ocean for a forward deployment. Jump over there and then make sure to "favorite" or bookmark the blog for [Destroyermen](#). Become a "charter reader," so you will be able to say one day that you have been reading "Destroyermen" since Noah was a deck seaman. Well, no, better yet, so you will see what our men and women at sea do on a daily basis in the defense of the Nation.

1. Public Service

admin