Attention High Altitude Residents (Temporary and Permanent)!

Description

Linking, learning and OOPS! Information coming in!

Found at the Scientific American Mind website, the adventuring into the upper reaches of the atmosphere has a cumulative effect on the thing that makes you think.

From â€œInto thin air: Altitudeâ€™s toll on the brainâ€•:

> Douglas Fields
> National Institutes of Mental Health
> Washington, D.C.
>
> Three attributes of a good mountaineer are high pain threshold, bad memory, and â€¦ I forget the third. â€“ R. Douglas Fields
>
> Climbing Mount Everest is not so difficult; the hard part is getting down intact. According to a recent brain imaging study, almost no one does. Of thirteen climbers in the study who attempted Mount Everest, none returned without brain damage. The study also scanned the brains of climbers who attempted less extreme summits. For those of us who love to climb, the results are less than elevating. It seems that almost no one, whether the weekend warrior chaperoned to the summit or the seasoned mountaineer, will return from the high peaks with a brain in the same condition it was in beforehand.
> [â€¦]

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Some of us will be able, based on a propensity to â€œget highâ€• in aircraft or climbing, will be able to use this as a defense in our more advanced years to cover our mental errors. But then we know the other people who â€œget highâ€• also will have that excuseâ€¦

Watch Lexâ€™s posts for signs of too many rides when he took his O_2 mask off against the directives of NATOPS.

Category

1. Biology
2. Public Service
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4. Skydiving

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